

# Realm of the Immortals: Daoist Art in the Cincinnati Art Museum

Visual Art  
Grade Levels: 4 – 12

## OBJECTIVES

- Students will learn embroidery stitches to create a patch
- Student will explore the powers of the Eight Immortals

## CONCEPT

Students will learn about the eight immortals and their powers and assigned talismans they each carry. Students will create an iron-on patch to represent their imagined super power. Each Immortal's power can be transferred to a tool of power, kind of a talisman associated with a certain meaning

## MATERIALS

- Pellon stabilizer fabric
- Fabric with Pellon Wonder Under fused to one side
- Embroidery needles
- Embroidery floss
- Embellishments, glitter, sequins, sharpie marks

## VOCABULARY

- Embroidery
- Talisman

## PROCEDURE

1. Discuss with students the powers associated with the Eight Immortals. Explain how the powers can be transferred into tools of power. Look at the Eight Immortals power sheet. Students will brain storm their super powers and the object they wish to convey their power. Look at the patches of Superman and Wonder Woman for examples of modern iron on patches. Using the patch design sheet, have student pick a shape and design a badge to explore their super power.
2. Have students use their pattern to cut out a patch from the interfacing that has been fused with fabric. This will serve as the base for all the embellishments. Students can then cut more shapes from fabric fused with Pellon wonder under, creating the designs to place on top of fabric patch base. Iron on all the shapes.

## CLASS EXPERIENCE

3. Use the embroidery stitch sheet to add a blanket or modified satin stitch to the finished edges of the patch. Tacky glue and glitter sequins can be added for embellishments along with more embroidery stitches. Details can also be added with sharpie markers if needed.
4. When the patch is finished, students will fuse a piece of the Pellon wonder under on to the backside of the patch creating an iron super hero patch.

## ASSESSMENT

- Students will be assessed on their craftsmanship, effort and clarity of idea.

## NATIONAL STANDARDS

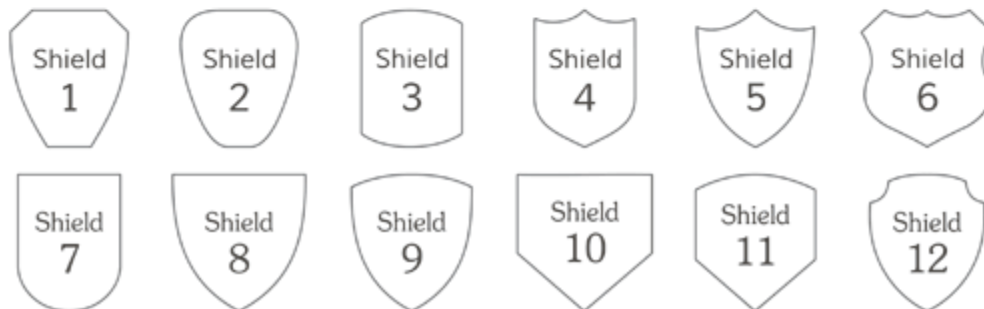
### Visual Art:

- Grades K-4 Students use different media, techniques, and processes to communicate ideas, experiences and stories.
- Grades 5-8 Students intentionally take advantage of the qualities and characteristics of art media, techniques, and processes to enhance communications of their experiences and ideas.
- Grades 9-12 Proficient: Students apply media, techniques, and processes with sufficient skill, confidence, and sensitivity that their intentions are carried out.

## Common Patch Shape Choices



## Shield Shape Choices



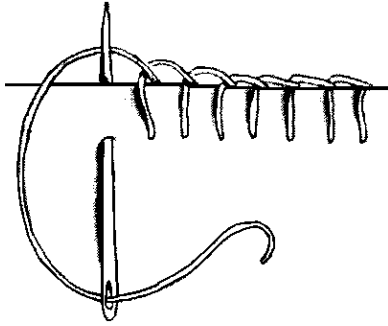
Source: <http://www.stadriemblems.com/patch-design.html>

## The Eight Immortals

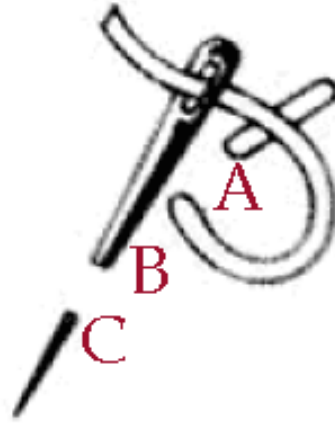
In Chinese mythology the Eight Immortals are believed to know the secrets of nature. They represent separately male, female, the old, the young, the rich, the noble, the poor, and the humble Chinese.

1. **He Xian Gu:** Flying about.
  - Tool of super power: Lotus, to cultivate people through meditation  
Peach, which is associated with immortality  
Music instrument or ladle to dispense wisdom, meditation and purity
2. **Zhongli Quan:** transmutation and the knowledge of the elixir of life.
  - Tool of super power: fan, which can bring the dead back to life.
3. **Zhang Guo Lao:** travels on a white mule that he is able to folded up and placed in a wallet, the mule is then reconstituted by a sprinkle of water.
  - Tool of super power: drum that can cure life.
4. **Han Xiang Zi:** makes flowers bloom instantaneously and smooth wild animals.
  - Tool of super power: flute, which can cause growth.
5. **Lü Dongbin:** to travel the earth slaying dragons and fighting evil.
  - Tool of super power: sword, which can subdue the evil.
6. **Lan Cai:** can communicate with gods.
  - Tool of super power: basket of flowers, associated with longevity
7. **Li Tie Gua:** to free his soul from his body and aid and meet others in the celestial realm.
  - Tool of super power: gourd, with ability to ward off evil
8. **Cao Gou Jiu:** free access to the palace, a benefit of his rank
  - Tool of Super Power: jade tablet, which can purify the air.

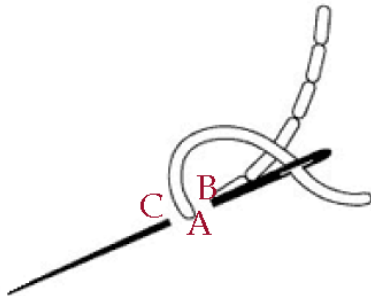
Sources: [http://www.nationsonline.org/oneworld/Chinese\\_Customs/eight\\_immortals.htm](http://www.nationsonline.org/oneworld/Chinese_Customs/eight_immortals.htm)



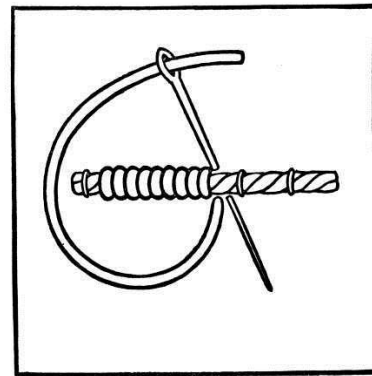
**BLANKET STITCH**



**RUNNING STITCH**



**BACKSTITCH**



**MODIFIED SATIN STITCH**

Source: <http://doit101.com/Crafts/Embroiderystitches2.html>

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