

# SEW WHAT? THE "I WISH" QUILT

Art and Creating  
Grades: 4-8

## OBJECTIVES

- Students will learn the elements of a quilt.
- Students will learn how to transform a paper drawing into a quilt square.
- Students will learn how to sew using simple stitches and make them look professional.
- Students will learn how to embellish with beads.

## VOCABULARY

Backing  
Batting  
"Crazy stitch"

Embellish  
Embroidery thread  
Sharpie bleed

## MATERIALS

5X5" paper  
Pencils  
Black Sharpies  
Scrap cardboard (cut to 8X10")  
6X6" muslin squares (draw 1/2 inch seam allowance lines)  
6X6" polyester batting  
7X7 printed fabric  
Masking tape

Sewing machine  
Embroidery thread  
Sewing thread  
Needles  
Bugle beads/seed beads  
Assorted buttons  
Small ironing board or towel on a table  
Crayons

## CONCEPT/PROCEDURES

For this particular project, the theme of the quilt was to be I wish...

1. After brainstorming, students will draw their concept on the 5X5" paper, following the instructions to not write too small and to keep design away from edges.
2. After design is approved, ink over it in sharpie.
3. Students will then tape paper to cardboard, cover with muslin, making sure to match the edges. The image should be easy to see, and traced over again with Sharpie. Warn students to not press hard with the Sharpie, or they will get "Sharpie bleed". \*\*Do not remove fabric yet!! \*\*
4. Using crayons, color image. The harder you press, the better it will look.
5. Remove muslin from cardboard. Discard tape and sketch.
6. Using a blank scrap of muslin, place design on a towel, cover with the scrap and iron. The heat from the iron will melt and set the crayon into the fabric. It will smell a bit, but the color will look great.

## **CLASS EXPERIENCE**

7. Have the students pick their "backing fabric Sandwich the drawing, the batting and the back. The backing will be 1" larger, leaving room to fold over the edges.
8. Using an iron, iron the edges over. Using the sewing machine, use a simple zigzag to sew all 3 layers together.
9. Using Black thread, have students use a running stitch to outline the characters.
10. Use colored thread to fill in spaces. "Crazy stitches" are saved for last. Crazy stitches are stitches that go any which way, creating design and texture.
11. After crazy stitching is done, students can embellish with beads\*you will need a smaller needle to fit into the beads, as well as sewing thread, as opposed to embroidery thread\*
12. The border is done last, using buttons and letter beads to spell their name.

## **ASSESSMENT**

- Students learned the difference between 2-D and 3-D art.
- Students learned how to be an individual and be part of a group project at the same time.

## **NATIONAL STANDARDS**

### **VISUAL ARTS**

- 1 - Understands and applies media, techniques, and processes to the visual arts.
- 3 - Knows a range of subject matter, symbols.
- 5 - Understands the characteristics and merits of one's own artwork, and the artwork of others.